

✓✓ Unit 8A

1. Blister /'blistə/ noun

a swelling on your skin containing clear liquid, caused, for example, by a burn or continuous rubbing. New shoes always give me blisters.

2. Anesthetic /ænəs'θetik/ noun

the usual American spelling of anaesthetic.

A can of whipped cream uses nitrous oxide, an anesthetic, as a propellant.

3. Sting /stɪŋ/ verb

(past tense and past participle stung /stʌŋ/)

if an insect or a plant stings you, it makes a very small hole in your skin and you feel a sharp pain because of a poisonous substance. He was stung by a bee.

4. Endemic /en'demik, in-/ adjective

an endemic disease or problem is always present in a particular place, or among a particular group of people.

Violent crime is now endemic in parts of Chicago.

5. Measles /'mi:zəlz/ noun

an infectious illness in which you have a fever and small red spots on your face and body. People often have measles when they are children.

How can measles virus escape the body's natural defences to wreak such havoc?

6. Benefits may be outweighed by

If someone says "the benefits outweigh the risks," they mean that what can be gained is much more significant than what might be lost or risked:

"I think you should apply for that scholarship; the benefits really outweigh the risks."

7. screen test noun

an occasion when someone is filmed while they are performing, in order to see if they are suitable to act in a film

They flew him to London for a screen test.

8. GP /dʒi: 'pi:/ noun

a doctor who is trained in general medicine and treats people in a particular area or town.

I've got an appointment with my GP at five o'clock.

9. Multiplicity /'mʌltə'plɪsəti/ noun
a large number or great variety of things.

the multiplicity of courses available to language students

10. Hypochondriac /haɪpə'kɒndriæk/

\$ - 'kɒ:n-/ noun

someone who always worries about their health and thinks they may be ill, even when they are really not ill.

Don't be such a hypochondriac - it's only a cold!

11. Underestimate /'ʌndər'estɪmeɪt/ verb

to think or guess that something is smaller, cheaper, easier etc than it really is

OPP overestimate

We underestimated how long it would take to get there.

12. Tan /tæn/ verb

if you tan, or if the sun tans you, your skin becomes darker because you spend time in the sun.

She has a pale skin which doesn't tan easily.

13. Staggering /'stægərɪŋ/ adjective

extremely great or surprising

SYN amazing

The cost was a staggering \$10 million.

14. Reluctance

/rɪ'lʌktəns/

noun

when someone is unwilling to do something, or when they do something slowly to show that they are not very willing.

Wells finally agreed, but with reluctance.

15. Variation /'veəri'eɪʃən/

noun

a difference between similar things, or a change from the usual amount or form of something.

White bread is really just a variation of French bread.

16. Aromatherapy /ə'rəʊmə'θerəpi/

\$ ə'ruː-/ noun

a treatment that uses massage (=rubbing the body) with pleasant smelling natural oils to reduce pain and make you feel well.

for a treat, try an aromatherapy oil.

17. Homeopathy /həʊmi'ɒpəθi/

\$,həʊmi'a:p-/ noun

a system of medicine in which a disease is treated by giving extremely small amounts of a substance that causes the disease.

Almost two in three of the 897 housewives surveyed in June believed homeopathy and acupuncture were effective.

18. Osteopathy /'ɒsti'ɒpəθi/

ə:sti'ə:-/ noun

a way of treating medical problems such as back pain by moving and pressing the muscles and bones.

Aromatherapy for instance, osteopathy and traditional beauty treatment.

19. Placebo /plə'si:bəʊ/

-boʊ/ noun a harmless substance given to a sick person instead of medicine, without telling them it is not real. Placebos are often used in tests in which some people take real medicine and others take a placebo, so that doctors can compare the results to see if the real medicine works properly. A placebo, superficial and cosy, to lull the world into no longer questioning.

20. Cardiac /'ka:dɪ-æk/

ədʒɪktɪf

relating to the heart

cardiac surgery

21. Infographic noun

a visual representation of information or data, e.g. as a chart or diagram.

"a good infographic is worth a thousand words"

22. Versus /'vɜ:səs/

\$ 'vɜ:r-/

preposition

used to show that two people or teams are competing against each other in a game or court case. the New York Knicks versus the LA Lakers

23. Bat /bæt/ noun

a small animal like a mouse with wings that flies around at night. The tunnel is a place only a bat could love.

24. intravenous drip /'intrə've:nəs

drip/ noun

a type of intravenous treatment that is slowly infused into the bloodstream via a plastic catheter inserted into the vein.

Doctors had given the woman oxygen and fed her by intravenous drip.

✓✓ Unit 8A – Listening

1. chiropractic /'kairo'opræktɪk/

-\$rə-/ noun

the treatment of physical problems by pressing on and moving the bones in someone's back and joints.

The symptoms of spondylosis, treated with chiropractic, did not stop him from working.

2. **Excruciating** /ɪk'skru:ʃeɪtɪŋ/ adjective
extremely painful
SYN painful
When I bend my arm, the pain is excruciating.

3. **Acupuncture** /'ækjə,pʌŋktʃə \$ -ər/ noun
a treatment for pain and disease that involves pushing special needles into parts of the body.
the four main acupuncture points.

4. **Inflamed** /ɪn'fleɪmd/ adjective
a part of your body that is inflamed is red and swollen, because it is injured or infected.
an inflamed eye

5. **Tendon** /'tendən/ noun
a thick strong string-like part of your body that connects a muscle to a bone

2. **Immerse** /ɪ'mɜ:s \$ -ɜ:rs/ verb
to put someone or something deep into a liquid so that they are completely covered.
Immerse your foot in ice-cold water to reduce the swelling.

3. **Rambling** /'ræmblɪŋ/ adjective
a rambling building has an irregular shape and covers a large area
a rambling old farmhouse

4. **Seaweed** /'si:wi:d/ noun
a plant that grows in the sea
Look, they will hide in the lovely seaweed.

5. **Reputation** /,repjə'teɪʃən/ noun
the opinion that people have about someone or something because of what has happened in the past.
Judge Kelso has a reputation for being strict but fair.

✓✓ Unit 8B

1. **soak something up** /səʊk/ phrasal verb
If a dry material or substance soaks up a liquid, it absorbs the liquid through its surface:
I tried to soak up most of the spilled milk with a dishcloth.

6. **Meander** /mi'ændə \$ -ər/ verb
to walk somewhere in a slow relaxed way rather than take the most direct way possible.
Cows still meander through these villages.

7. rush around phrasal verb

to try to do a lot of things in a short period of time.

Get things ready early so that you don't have to rush around at the last minute.

8. peer /piə/ \$ pir/ noun

your peers are the people who are the same age as you, or who have the same type of job, social class etc.

American children did less well in math than their peers in Japan.

9. Align /ə'lain/ verb

to publicly support a political group, country, or person that you agree with.
a country closely aligned with the West

10. Pretentious /pri'tenʃəs/ adjective

if someone or something is pretentious, they try to seem more important, intelligent, or high class than they really are in order to be impressive
OPP unpretentious
a pretentious film

11. Obnoxious /əb'nɒkʃəs/ \$ -'na:k-/ adjective

very offensive, unpleasant, or rude
She's really obnoxious.

12. gale-force wind

/'geil,fɔ:s

wind/ noun

a wind of force seven to ten on the Beaufort scale or from 45 to 90 kilometres per hour.

bad weather with heavy rain and gale-force winds of up to seventy miles per hour.

13. turbulence

/'tɜ:bjələns/ \$ 'tɜ:r-/ noun

irregular and violent movements of air or water that are caused by the wind.

The plane encountered severe turbulence during the flight.

14. shoot up phrasal verb

to increase very quickly and suddenly

SYN rocket

Demand for water has shot up by 70% over the last 30 years.

15. Bumpy /'bʌmpi/ adjective

a bumpy surface is flat but has a lot of raised parts, so it is difficult to walk or drive on it
SYN uneven

OPP smooth

a bumpy road

16. peer into something

to stare into something; to look deep into something.

I only had time to peer in and then I walked on by.