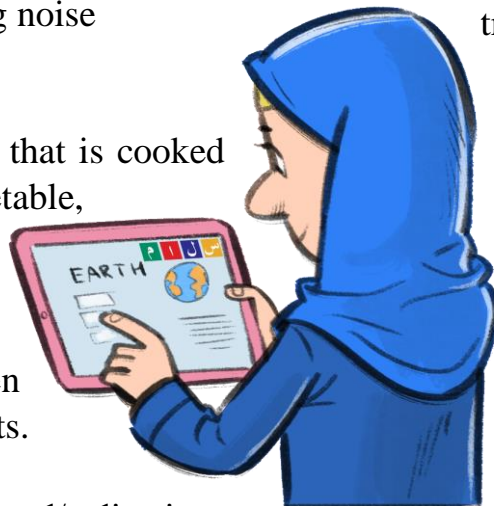


## ✓✓ Unit 6A

1. Accustomed /ə'kʌstəmd/ adjective  
If you are accustomed to something, you know it so well or have experienced it so often that it seems natural, unsurprising, or easy to deal with.  
**E.g.:** I was accustomed to being the only child at a table full of adults

2. Buzz /bʌz/ verb  
to make a continuous sound, like the sound of a bee.  
**E.g.:** a loud buzzing noise

3. Pea /pi:/ noun  
a round green seed that is cooked and eaten as a vegetable, or the plant on which these seeds grow.  
**E.g.:** roast chicken with peas and carrots.



4. Segmented /seg'mentɪd/ adjective  
consisting of separate parts that are connected to each other.  
**E.g.:** segmented worms
5. Meditate /'medɪteɪt/ verb  
to think seriously and deeply about something.  
**E.g.:** She sat quietly, meditating on the day's events.

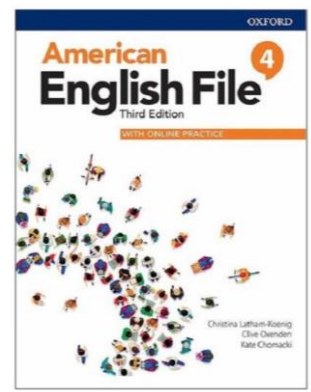
6. Vivid /'vɪvɪd/ adjective  
vivid memories, dreams, descriptions etc are so clear that they seem real  
**OPP vague**  
**E.g.:** I've got vivid memories of that summer.

7. Surround /sə'raʊnd/ verb  
to be all around someone or something on every side.  
**E.g.:** The field was surrounded by trees.

8. Artificial /,ɑ:trɪ'fɪʃəl/ adjective  
not real or not made of natural things but made to be like something that is real or natural  
**SYN false**  
**OPP natural**  
**E.g.:** artificial flowers

9. Achieve /ə'tʃi:v/ verb  
to successfully complete something or get a good result, especially by working hard.  
**E.g.:** She eventually achieved her goal of becoming a professor.

10. Arguably /'ɑ:gjuəbli/ adverb  
used when giving your opinion to say that there are good reasons why something might be true.  
**E.g.:** Senna was arguably the greatest racing driver of all time.



**11. Doubt** /daʊt/ noun

a feeling of being not sure whether something is true or right.

**E.g.:** The incident raises doubts about the safety of nuclear power.

**12. Relieved** /rɪ'li:vɪd/ adjective

feeling happy because you are no longer worried about something.

**E.g.:** She looked immensely relieved when she heard the news.

**13. Reward** /rɪ'wɔ:d \$ -'wɔ:rd/ noun

something that you get because you have done something good or helpful or have worked hard.

**E.g.:** The school has a system of rewards and punishments to encourage good behaviour.

**14. Solitude** /'sɒlɪtju:d \$ 'sɑ:lɪtu:d/ noun

when you are alone, especially when this is what you enjoy.

**E.g.:** Carl spent the morning in solitude.

**15. the foreground**

the part of the view in a picture or a photograph that is closest to you when you are looking at it.

**OPP background**

**E.g.:** There were three figures in the foreground.

**16. Grading**

/ˈɡreɪdɪŋ/ noun

the process of judging something and saying officially what its size or quality is.

**E.g.:** Canada's grading system for grain.

**17. Nap** /næp/ noun

a short sleep, especially during the day.

**E.g.:** I usually take a nap after lunch.

**18. Snore** /snɔ: \$ snɔ:r/ verb

to breathe in a noisy way through your mouth and nose while you are asleep.

**E.g.:** He could hear the old man snoring.

**19. Jackhammer** /ˈdʒækˌhæmə \$ -ər/ noun

American English

a large powerful tool used to break hard materials such as the surface of a road.

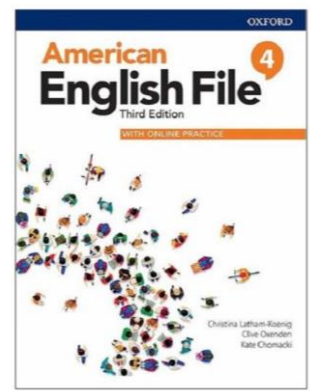
**SYN pneumatic drill British English.**

**E.g.:** My responsibility button was being hit with the force of a jackhammer.

**20. Pressure** /ˈpreʃə \$ -ər/ noun

the force or weight that is being put on to something.

**E.g.:** The pressure of the water turns the wheel.



**21. Pillow** /'pɪləʊ \$ -loo/ noun

a cloth bag filled with soft material that you put your head on when you are sleeping.

**E.g.:** I'll be asleep as soon as my head hits the pillow.

**22. dust mite** /'dʌst ,maɪt/ /'dʌst ,maɪt/ noun

a very small insect that lives in beds, carpets, curtains, etc. and can make people sneeze or have a runny nose or sore skin if they have an allergy to them.

**E.g.:** Immunologic responses following respiratory sensitization to house dust mite allergens in mice.

**23. Insomnia** /ɪn'sɒmniə \$ ɪn'sɑ:m-/ noun

if you suffer from insomnia, you are not able to sleep.

**E.g.:** My mother was alarmed by my fits of weeping and chronic insomnia.

**24. Nightmare** /'naɪtmɛə \$ -mer/ noun

a very frightening dream.

**E.g.:** a recurring nightmare.

**25. sleep like a log** idiom

to sleep very well, without being woken by any noises.

**E.g.:** I slept like a log – I didn't even hear the thunderstorm.

**26. Column**

/'kɒləm \$ 'kɑ:-/ noun

a line of numbers or words written under each other that goes down a page.

**E.g.:** Add up the numbers in each column.

**27. Feather** /'feðə \$ -ər/ noun

one of the light soft things that cover a bird's body.

**E.g.:** an ostrich feather

**28. Obsessive** /əb'sesɪv/ adjective

thinking or worrying about something all the time, so that you do not think about other things enough – used to show disapproval.

**E.g.:** an obsessive concern with cleanliness and order.

**29. Recurring** /rɪ'kɜ:rɪŋ/ adjective

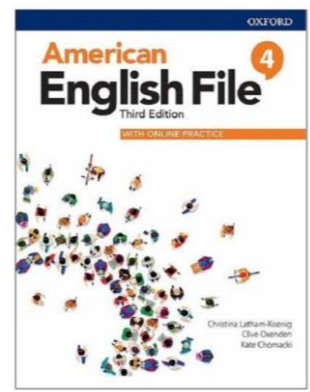
recurring amounts of money keep on being earned or spent, rather than just being earned or spent once.

**E.g.:** a 35.7% increase in recurring revenues.

**30. Interpret** /ɪn'tɜ:prɪt \$ -ɜ:r-/ verb

to explain the meaning of something.

**E.g.:** Freud's attempts to interpret the meaning of dreams.



### 31. time zone noun

one of the 24 areas that the world is divided into, each of which has its own time.

**E.g.:** Like Rolex watches from a different time zone.

### 5. Align /ə'laɪn/ verb

to arrange things so that they form a line or are parallel to each other, or to be in a position that forms a line etc.

**E.g.:** The desks were neatly aligned in rows.

## ✓✓ Unit 6A - Listening

### 1. claustrophobia /ˌklɒːstrə'fəʊbiə \$ ˌklɒːstrə'foʊ-/ noun

a strong fear of being in a small enclosed space or in a situation that limits what you can do.

**E.g.:** I was getting claustrophobia at my office at home.

### 2. Expert /'ekspɜ:t \$ -ɜ:rt/ noun

someone who has a special skill or special knowledge of a subject, gained as a result of training or experience.

**E.g.:** He's a world expert on marine mammals.

### 3. Snore /snɔ: \$ snɔ:r/ verb

to breathe in a noisy way through your mouth and nose while you are asleep.

**E.g.:** He could hear the old man snoring.

### 4. Obsessive /əb'sesɪv/ adjective

thinking or worrying about something all the time, so that you do not think about other things enough – used to show disapproval.

**E.g.:** an obsessive concern with cleanliness and order

### 6. Disturb /dɪ'stɜ:b \$ -ɜ:rb/ verb

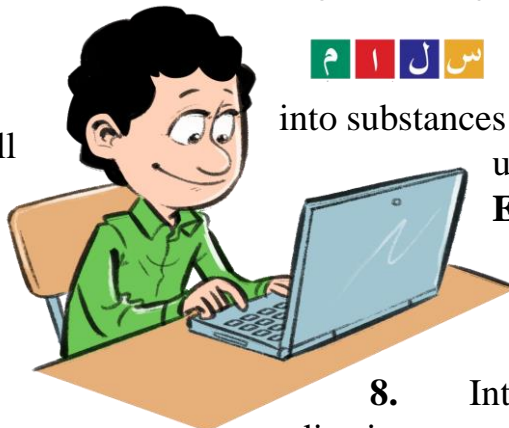
to change a normal situation in a way that causes problems.

**E.g.:** My hormone balance is disturbed by my pregnancy.

### 7. Digest /daɪ'dʒest, də-/ verb

to change food that you have just eaten into substances that your body can use.

**E.g.:** Most babies can digest a wide range of food easily.



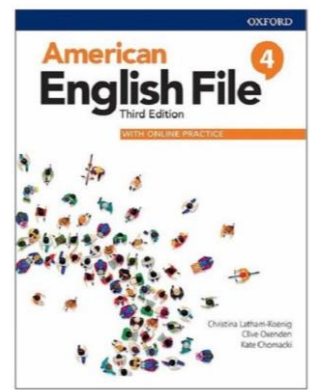
### 8. Intensive /ɪn'tensɪv/ adjective

involving a lot of activity, effort, or careful attention in a short period of time.

### 9. Cliffhanger /'klɪf'hæŋə \$ -ər/ noun

a situation in a story, film, or competition that makes you feel very excited or nervous because you do not know what will happen or have to wait a long time to see how it will end.

**E.g.:** Tonight's vote may be a cliffhanger.



## ✓✓ Unit 6B

- music to your ears (idiom)  
something you are pleased to hear about.

**E.g.:** When she said they would make a profit, it was music to Richard's ears.

- Cello /'tʃeləʊ \$ -ləʊ/ noun  
a musical instrument like a large violin that you hold between your knees and play by pulling a bow (=special stick) across the strings.  
**E.g.:** I had never heard cellos and low strings added to rock songs.

- Choir /kwaɪə \$ kwair/ noun  
a group of people who sing together for other people to listen to.

**E.g.:** He joined a church choir at the age of eight.

- Soprano /sə'prɑ:nəʊ \$ -'prænəʊ/ noun  
the part of a musical work that is written for a soprano voice or instrument.

**E.g.:** She sings soprano.

- Barista /bə'rɪ:stə/ noun  
someone whose job is to prepare coffee in a coffee bar.  
**E.g.:** She works as a barista at a local coffee shop some afternoons and in a clothing consignment shop on weekends.

- Bouquet  
/bəʊ'keɪ, bu:- \$  
bəʊ-, bu:-/ noun  
an arrangement of flowers,  
especially one that you give to  
someone.

**E.g.:** It is a light wine with a clean bouquet and taste.

- Macchiato /,mæki'ɑ:təʊ \$  
,mɑ:ki'ɑ:təʊ/ noun  
an espresso (=strong black Italian  
coffee) with a small amount of  
milk added.

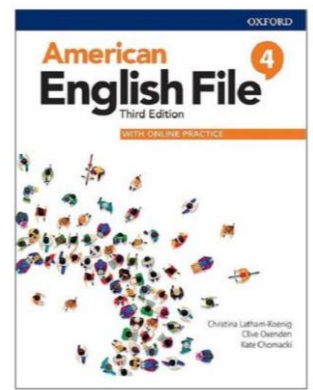
**E.g.:** He didn't notice an increase on his caramel macchiato – his drink of choice.

- Psychic /'saɪkɪk/ adjective  
relating to the power of the human  
mind to do strange or surprising  
things that cannot be explained by  
reason.  
**E.g.:** a spiritual healer with psychic  
powers.

- Graffiti /græ'fɪ:ti, grə-/ noun  
rude, humorous, or political writing  
and pictures on the walls of  
buildings, trains etc **E.g.:** The  
walls are daubed with graffiti.







**10. Paparazzi** /ˌpæpəˈrætsi/ noun  
 ,pæːpəˈræː/ noun  
 photographers who follow famous people in order to take photographs they can sell to newspapers.  
**E.g.:** Ferguson is besieged in a hotel room by salivating paparazzi.

**11. Improved** /ɪmˈpruːvd/ adjective  
 better than before.  
**E.g.:** improved performance

**12. Stimulating** /ˈstɪmjələtɪŋ/ adjective  
 making you feel more active.  
**E.g.:** the stimulating effects of coffee and tea.

**13. Various** /ˈveəriəs/ adjective  
 if there are various things, there are several different types of that thing.  
**E.g.:** The jacket is available in various colours.



**14. Complexity** /kəmˈpleksəti/ noun  
 the state of being complicated.  
**E.g.:** a design of great complexity.

**15. Singalong** /ˈsɪŋəlɒŋ/ noun  
 an informal occasion when people sing songs together  
**SYN singsong**  
**E.g.:** Perfect for a singalong on the barricades.

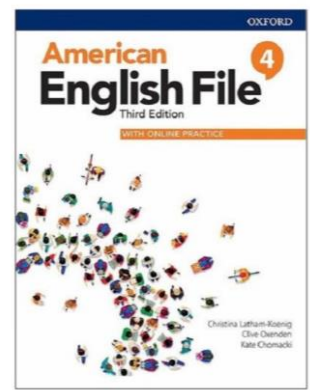
**16. Contemporary** /kənˈtempərəri/ adjective  
 belonging to the present time  
**SYN modern**  
**E.g.:** an exhibition of contemporary Japanese prints

**17. tend to do something**  
 if something tends to happen, it happens often and is likely to happen again.  
**E.g.:** People tend to need less sleep as they get older.

**18. Bland** /blænd/ adjective  
 without any excitement, strong opinions, or special character  
**SYN dull**  
**E.g.:** a few bland comments

**19. Interfere** /ˌɪntəˈfɪə/ verb  
 to deliberately get involved in a situation where you are not wanted or needed  
**SYN meddle**  
**E.g.:** My daughter-in-law said that I was interfering, but I was only trying to help.

**20. Anaesthetic** /ˌænəsˈθetɪk/ noun  
 a drug that stops you feeling pain.  
**E.g.:** The operation will have to be done under anaesthetic (=using anaesthetic).



21. Meticulousness /mə'tɪk.jə.ləs.nəs/  
noun

the quality of being very careful and paying great attention to every detail.

**E.g.:** He was known for the quality of his observation and the meticulousness of his technique.

22. Decade /'dekeɪd, de'keɪd/ noun  
a period of 10 years.

**E.g.:** I've been at the top in television for a decade, you see, Blanche.

23. Instrument /'ɪnstɹəmənt/ noun  
an object used for producing music, such as a piano or violin  
**SYN musical instrument**  
**E.g.:** electronic instruments

## ✓✓ Unit 6B – Listening

1. Intensify /ɪn'tensɪfaɪ/ verb  
to increase in degree or strength, or to make something do this.  
**E.g.:** In June the civil war intensified.

2. high-pitched /ˌhaɪ'pɪtʃt/ adjective  
a high-pitched voice or sound is very high  
**OPP low-pitched.**  
**E.g.:** Her voice was clear but rather high-pitched.

3. Exploit /ɪk'splɔɪt/ verb  
to use something fully and effectively.  
**E.g.:** The new TV companies are fully exploiting the potential of satellite transmission.

